

Cochrane Christian Academy Middle School Sports

This document is designed to provide parents and guardians with information about the various Grade 6 - 8 sports that take place during the year.

Commitment

Before teams are finalized, a firm commitment must be made by players *and* their parents. The commitment includes regular and punctual attendance at all practices and games (sickness or injury are reasonable excuses). Teams are selected based on commitment and responsible behaviour in all aspects of school life. Our teams represent an enrichment program for students interested in developing their skills in sports. All team members are representatives of our school and community and as such are expected to display mature, responsible behaviour at all times both on and off the court. Inappropriate behaviour may result in dismissal from the team.

Practice & Tournament Schedules

Practice days and times are determined by the coaches. After-school practices take place on Monday/Wednesday or Tuesday/Thursday from 2:30 to 3:30. Practices may also take place during the lunch hour. **Pick-up from after-school practices is the responsibility of parents. If parents are not picking up their child themselves, they will be required to inform the coach of the pick-up arrangements.**

Tryouts may be needed for some sports depending on the number of students interested.

Tournaments are determined at the divisional level. Basketball and volleyball tournaments take place at different Rocky View schools depending on the competition level. Jr A tournaments will be hosted by schools in the same level of competition, which is based on the Grade 7 and 8 student population. These locations include Bragg Creek, Kathryn, Indus, and Beiseker. Jr B and Grade 6 tournaments are usually hosted by a local school (within or around Cochrane). Previously, the badminton tournaments have been held at the Sunridge Badminton Centre in Calgary, the Track & Field meets have been held at Ed Eggerer Athletic Park in Airdrie, and the soccer tournaments have been held at the Monklands Fields in Airdrie or at different schools in the division. **Parents must arrange transportation for their child to attend the tournaments.**

Volleyball (Sep-Dec)	Basketball (Dec-Mar)	Badminton (Grades 7 & 8)	Soccer (Grade 6)
Jr A - Sep to Oct	Jr A - Dec to Jan	April	June
Grade 6 - Oct to Early Nov	Grade 6 - Feb	Track & Field (Grades 7 & 8)	
Jr B - Oct to Dec	Jr B - Feb to Mar	May	

For specific dates for each sport, please visit the [RVS Middle School Sports web page](#).

Approximate Costs

Refer to the table below for the approximate cost of each sport based on the fees from prior years.

Volleyball	Cost	Basketball	Cost		
Jr A	\$90	Jr A	\$100	Badminton	\$30
Jr B	\$60	Jr B	\$70	Track & Field	\$30
Gr 6	\$20	Gr 6	\$30	Gr 6 Soccer	\$20

Please note that to best compete at a level that is suited for all CCA athletes, the decision to compete in Jr A or Jr B (for volleyball and basketball) will be made by school administration and the coaches prior to the season kickoff. Due to our small population of Grade 7 and 8 students, it is unlikely that both Jr A and Jr B teams will be fielded.

Coaching

Teams will be coached by teachers or community volunteers. If you have an interest in helping coach a team or know someone who would be interested in coaching, please contact Mr. Jackson at tjackson@rockyview.ab.ca.